Hard Rock Cafe Love Me Tenders Copycat Recipe

If you need a jammin' chicken tenders recipe, try Hard Rock Cafe Love Me Tenders Copycat Recipe. Bring rock and roll history to your dinner table with copy cat recipes like this one. Rock on!

Serves: 6

Ingredients:

1 egg

1/4 cup milk

2 pounds chicken tenderloin, cut into strips

1 cup all-purpose flour

1 cup breadcrumbs

vegetable oil for frying

DIPPING SAUCE:

1 cup yellow mustard

1/2 cup honey

1/2 cup mayonnaise

Instructions:

Chicken Tenders:

Mix together the egg and milk.

Roll the chicken strips in the flour; coating evenly.

Dip flour-coated strips in the egg wash, then roll in the crumbs, coating evenly.

Deep-fry at 350 degrees F for about 2 to 3 minutes, being careful not to crowd pan, until coating is golden brown. Serve immediately.

Dipping Sauce:

Stir mustard and honey until well combined.

Gradually add mayonnaise, beating until thoroughly mixed.

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